

# Yarra Ranges Council Draft Active Recreation Plan 2023



Yarra Ranges Council acknowledges the Wurundjeri and other Kulin Nations as the Traditional Owners and Custodians of these lands. We pay our respects to all Elders, past, present, and emerging, who have been, and always will be, integral to the story of our region. We proudly share custodianship to care for Country together.



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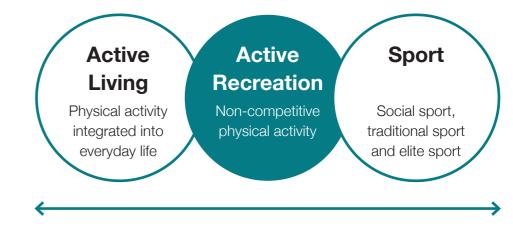
# Introduction

# What is active recreation?

Physical activity is good for everyone, in a multitude of ways. It makes you healthier, it can be a mood lifter and it can be a social connector. There is a spectrum of physical activity that people undertake ranging from 'active living' (walking places, gardening, etc) through to organised and elite sport. Active recreation (the focus of this Plan) sits between these two, as seen in figure 1.

Active recreation can be defined as 'leisure time physical activity undertaken outside of structured, competition sport' (https://sport.vic.gov.au/our-work/participation/activerecreation). It provides participants a wide range of benefits related to physical health, mental health and social interaction. While all activity types can provide these benefits, active recreation plays an important role because it allows people to participate in a way of their choosing at a time that suits them. This flexibility can help to overcome barriers to participation that exist for more structured activity types.

The importance of active recreation is underscored by research that has shown that active recreation makes up at least half of all physical activity undertaken for all age groups, and up to 85% of physical activity undertaken for some female cohorts (Active impacts: The economic impacts of active recreation in Victoria, Sport & Recreation Victoria, 2018).



Most flexible, least structured

## Figure 1: Physical activity spectrum

Source: Adapted from Physical Activity Spectrum adapted from the Vichealth 'Doing Sport Differently' resource accessed via www.vichealth.vic.gov.au/-/media/ResourceCentre

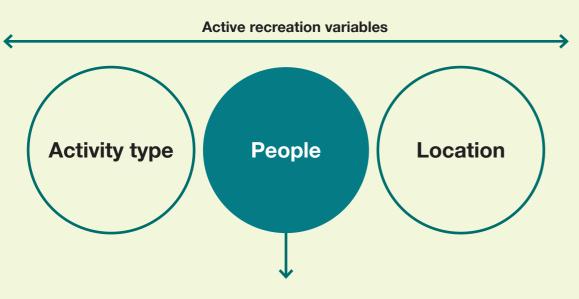
Least flexible, most structured

# Active recreation variables

There are three key variables relating to active recreation. The type of activity being undertaken, the location/facilities where the activity occurs, and the people/participants.

Yarra Ranges Council has a range of plans and strategies that deal with two of these key variables. There are high level municipality-wide strategies dealing with specific activity types (eg. play spaces) as well as more detailed strategies and plans dealing with specific locations (eg. reserve master plans).

This Plan approaches active recreation with a focus upon the third variable; people. The main goal of the Plan is to encourage people (including men, women, boys, girls, and gender diverse people) in Yarra Ranges to be more active, regardless of the activity type or location.



### Factors influencing active recreation participation

Gender	Age		Recreation preferences		Disability
Ability/fitness Cultural factor		3	Socio-e	conomic factors	

Figure 2: Active recreation variables and factors influencing active recreation participation

# Factors influencing active recreation participation

There are a range of factors that influence active recreation participation, including age, gender, ability, disability, cultural factors, socio-economic factors and personal preferences. While there is research and participation data relating to the impacts of age and gender, it is acknowledged that these interact with all of the other factors that shape people's identities and experiences. All of the factors noted above may play a role in the amount and type of recreation activities that people in the Yarra Ranges undertake.

Yarra Ranges has a commitment (clearly stated in the Council Plan 2021-25 and other strategic documents) to providing equitable access to opportunities and resources. This Plan addresses the factors noted above that influence active recreation participation with the goal that active recreation opportunities can be available, safe and enticing to all members of the community.



# Plan scope and focus

Yarra Ranges Council has a range of strategies and plans in various stages of development that aim to support social recreation from an infrastructure renewal perspective. Rather than replicate this, this plan aims to identify:

- Opportunities for the activation of existing assets;
- Design features that can be used in new asset design and retrofitted to existing assets to help make active recreation easy and enjoyable;
- Equity in providing opportunities for people to be active in Yarra Ranges.

While some additional assets have been recommended, a full audit and program for delivery of each recreational asset class has not been undertaken. Nor does this plan guide requirements for structured sport.

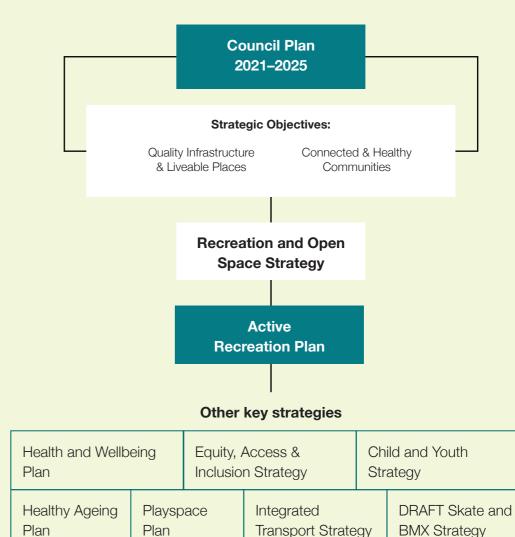
People who are currently 'less active' or 'inactive', but who would engage in active recreation if there were facilities and programs in place that catered to their preferences and abilities are a key focus of this Plan. 'Less active' adults are defined as those who don't meet Australian physical activity and sedentary behaviour guidelines, being 30 minutes of physical activity at least 5 days a week for adults (https://www.vichealth.vic. gov.au/media-and-resources/publications/dsd-principles-research). Less active people make up around 70% of the Victorian population. Being too busy with other things (such as work or parenting) and the impacts of age are two of the common factors found to contribute to inactivity (https://www.vichealth.vic.gov.au/-/media/ResourceCentre/PublicationsandResources/Life-Stages/VH\_Life-stages\_Info-sheet.pdf)

## Active recreation objectives

The Active Recreation Plan will guide Council's effort to encourage people to be healthy and active through the design of active recreation infrastructure and programs that remove barriers and respond to people's participation preferences over the next ten years.

# Strategic context

Two of the five strategic objectives identified in the Yarra Ranges Council Plan 2021-25 are 'Connected and Healthy Communities' and 'Quality Infrastructure and Livable Places'. Council's Recreation and Open Space Strategy (ROSS) responds to both of these objectives and provides a guiding policy and framework that helps create healthy and active environments for the community. The Active Recreation Plan is one of a suite of strategic documents that will assist Council in acting upon these objectives. The Plan will also be influenced by a wide range of other strategies.



## Figure 3: Strategic context summary diagram

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# How we engaged with the community

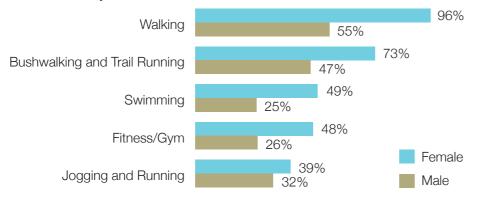
Council has consulted the community a number of times over the last couple of years regarding how they currently engage in active recreation and what their barriers to participation are. When combined, this consultation provided community focus used for this plan.



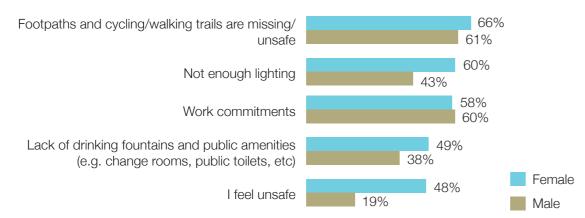
Consults with relevant and varied Industry Leaders and Health Organisations (including DELWP and the DHHS), various advisory committees and close engagement with Council's elected representatives. Engagement from Community Recreation and Sport providers (Belgravia Yarra Centre, Lilydale E-Jays Softball, sporting and recreation clubs, Tennis for Life, The Running Company, Paul Sadler Swimland, Lilydale Community Sailing Club).

## Key online survey findings

## **Top 5 Sport/Recreation Participation Activities**



## **Top 5 Sport/Recreation Participation Barriers**



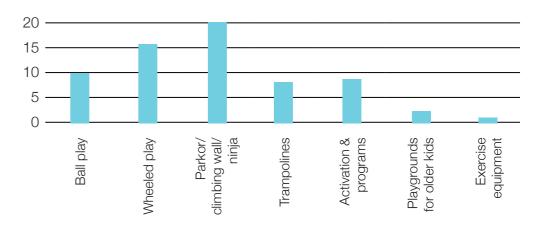
## What we heard

In 2020, overall satisfaction with Council's parks and recreation trails was high with 98.3% of respondents being satisfied or very satisfied.

The most important amenity or service in green spaces was cleanliness, followed by security, shade, gardens/trees and toilets.

"We need to strip back the traditional thinking about profit versus non-profit activities and look at the overall community benefit the activity provides. We need to work with clubs and educate them about what they aren't doing that private providers are."

In 2021, we checked in with 50 young people and their parents or guardians at skate clinics in YRC. They told us what they wanted to see in Yarra Ranges:



"If you activate places of cultural and environmental significance, you build a connection and pride, and instila sense of conservation and protectionism in the next generation."

"The water playspace (in Seville) has been a huge success. The community are really proud of it"

## Check in with community

Different people choose to participate in different active recreation activities based upon personal preferences. In the preparation of this Plan, a variety of groups and individuals were engaged (with an intentional focus upon those who may experience barriers to recreation participation). This included meetings with:

- Positive Aging Reference Group (PARG)
- Disability Advisory Committee (DAC)
- Yarra Ranges Council's Youth Ambassadors
- 50 participants of skate clinics (for 5-19 years olds, held in Lilydale, Healesville, Yarra Junction, Mount Evelyn, Monbulk and Upwey
- And information gained from reviewing related engagement previously undertaken by Yarra Ranges Council for other purposes.

The following recreation preferences were identified;

People want social active recreation opportunities.	<ul> <li>Key examples include:</li> <li>a strong interest in using events or programming to encourage the use of active recreation facilities (eg. running festivals or workshops).</li> <li>an interest in play spaces as places to hang-out for youth.</li> </ul>	<ul> <li>older people saying that they feel safer and less vulnerable undertaking activities in groups.</li> <li>older people appreciating opportunities for active recreation spaces to be inter-generational (noting the need for safety to be considered).</li> </ul>
People want a diversity of active recreation opportunities	<ul><li>include the following (in alphabetical or</li><li>All-ages play spaces</li><li>Disc go</li></ul>	currently catered for within Yarra Ranges der):

• Exercise equipment

• Parkour/'ninja' park

for seniors

- Beach volleyball
- Bocce/boules/ petanque

People want active recreation opportunities that provide connections to nature	<ul><li>came up in most of the engagement activit fortunate to have access to a range of natu kinds of opportunities.</li><li>It was also noted in the Positive Aging Refe where people can connect with nature are These spaces are more easily accessed for</li></ul>	a also noted in the Positive Aging Reference Group that quieter spaces e people can connect with nature are also valuable within urban parks. e spaces are more easily accessed for people with limited mobility or port options, and can also provide a respite from more boisterous park		
People want active recreation opportunities in locations that are convenient and co-located with compatible facilities	<ul> <li>A number of examples of positive co-location of active recreation facilities arose during the engagement activities.</li> <li>Locations used for University of the Third Age (U3A) activities attract older people and might be a logical place to provide active recreation opportunities targeting this age cohort.</li> </ul>	It was also noted that having a wide variety of activities in one location provides an easy opportunity to try things that you may not otherwise do. ie. you might come to a park to do one thing, but end up trying a few other activities because they're there.		
<ul> <li>People want safe and accessible active recreation opportunities, designed to maximise their usability</li> <li>Key examples include:</li> <li>Accessibility to people of all abilities. Accessibility was the major it discussed in the Disability Advisory Committee. While new facilities generally designed with accessibility in mind, there may be a need undertake works at older facilities to improve accessibility.</li> <li>People feeling safe when using facilities. This includes locating and designing facilities to have good levels of surveillance and the provilighting where appropriate.</li> <li>Intergenerational design focusing upon safety. While older people around activity, there are also safety concerns regarding things like balls and scooters. Design can help to resolve these safety concerns</li> </ul>		mmittee. While new facilities are mind, there may be a need to prove accessibility. s. This includes locating and of surveillance and the provision of safety. While older people like to be ncerns regarding things like stray		

bouldering

Roller skating



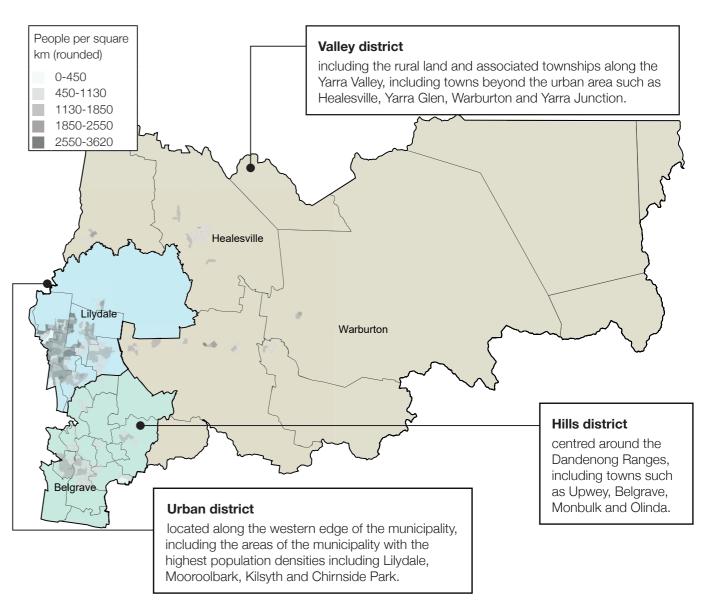
# The study area

# Study area extents

The Yarra Ranges Local Government Area covers an area of 2,477 square kilometres with an estimated 2021 population of 157,419 (growing an average of 1.4% per annum between 2016 and 2021). The populated parts of Yarra Ranges can be divided into three key districts for planning purposes, defined by their geographical locations and characteristics (as shown in figure 3).

One of the key characteristics of the study area is the very uneven population distribution (as can be seen in figure 4). There is a high concentration of people living in the urban western part of the municipality, and very low population densities for most of the eastern part (which is dominated by National Parks and State Forests).

## Figure 4:Yarra Ranges districts and population density map



# Existing active recreation opportunities

There are many and varied active recreation opportunities currently existing within Yarra Ranges that can be broadly grouped into the six categories identified in the table below.

## **Open space**

## **Existing opportunity types:**

- Recreation reserves (47)
- Parks, nature reserves, bushland, creeks (100+)

## **Examples:**

- Birdsland Reserve, Belgrave South
- Don Road Sporting Complex, Healesville
- Halley Supple Reserve, Coldstream
- Pinks Reserve, Kilsyth

Existing Qty: 100+

• Melba Park, Lilydale.



## **Play spaces**

## **Examples:**

- Belgrave Lake Park play space
- Castle Hill Reserve, Mooroolbark
- Lillydale Lake play space
- Olinda play space
- Yarra Glen Adventure Playground

Existing Qty: 100+

## **Exercise facilities**

## **Existing opportunity types:**

Outdoor exercise equipment

## Examples:

- Belgrave Lake, Belgrave •
- Don Road Sporting Complex, Healesville
- Lillydale Lake, Lilydale

Existing Qty: 1-10

## **Ball play facilities**

## **Existing opportunity types:**

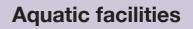
Basketball/netball courts/half courts

## **Examples:**

- Gateway Reserve, Lilydale (outdoor halfcourt)
- Pinks Reserve, Kilsyth (outdoor halfcourt)
- Kimberley Reserve, Chirnside Park



Existing Qty: 20-40



## **Existing opportunity types:**

- Swimming pools
- Splash parks

## Examples:

- Belgrave pool •
- Lilydale pool •
- Lillydale Lake Splash Pad •
- Seville water play park
- Warburton Water World • (splash park)

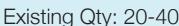
Existing Qty: 1-10

**Dog off-lead facilities** 

Note: dog walking also occurs on trails (covered under 'Paths & Trails' above)

## Examples:

- Don Road Recreation Reserve • Healesville
- Summerhill Park Drive Reserve, Mooroolbark





## Wheeled play facilities

## **Existing opportunity types:**

- Skate/scooter parks (8)
- BMX tracks/Pump tracks (5)

## **Examples:**

- Lilydale Skate Park
- Mount Evelyn Pump Track
- Upwey Skate Park
- Yarra Glen Skate Park

## Existing Qty: 10-20

## Paths & trails

## Existing opportunity types:

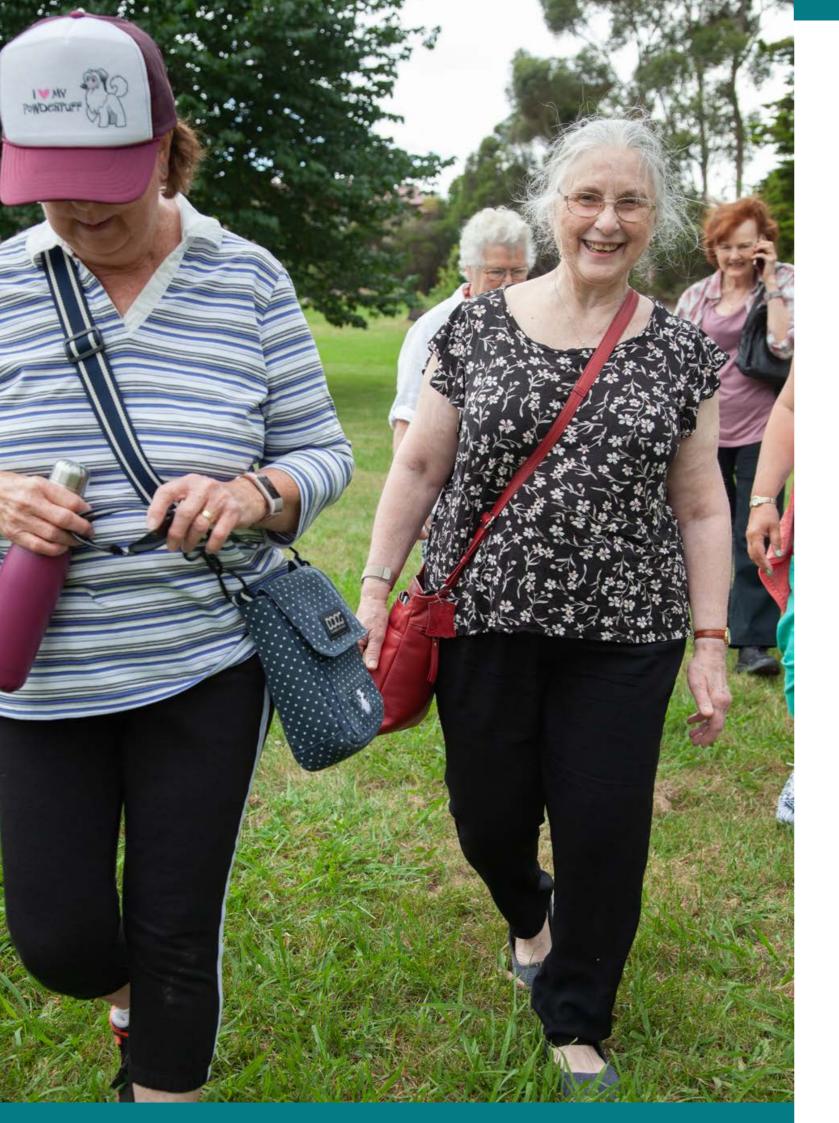
- Footpaths
- Shared paths
- Trails

## Examples:

- Urban footpaths
- Lilydale-Warburton Rail Trail
- Brushy Creek Trail
- Green Spine Shared Path Chirnside Park



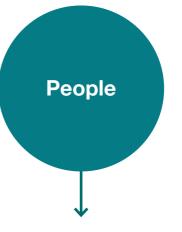
## Existing Qty: 100+



# The people

Six key personal factors that influence people's active recreation participation have been identified (refer to Figure 5). Each will be examined separately in this section.

## Figure 5: Personal factors influencing people's active recreation participation



## Factors influencing active recreation participation

(	Gender	Age		Recreation preferences		Disability
/	Ability/fitness	Cultural factors		;	Socio-e	conomic factors

# Age

Active recreation activities are strongly influenced by age. In some cases the influence is obvious (eg. play spaces). The following table identifies key active recreation opportunity types currently existing in Yarra Ranges, and identifies the predominant user age group/s (acknowledging that all of these facilities will be used by some people outside the identified age brackets).

Existing active recreation opportunity types			roq	o ar	מוווכ	
Existing active recreation opportunity types	0-8	<b>8-14</b>	r age <b>75-51</b>	<b>25-50</b>	<b>50-70</b>	+04
<b>Open space</b> Parks and reserves cater well to most age groups, for activities including walking and informal sport (eg. kicking a ball).	•	•	•	•	•	•
Paths & trails Footpaths, shared paths and trails cater well to a wide range of users, including kids on scooters, long walks and rides, or a gentle walk around the block.	•	•	•	•	•	•
Play spaces Specifically designed for younger age groups. Opportunity for play spaces to include elements or areas designed for more mature users.	•	•				
<b>Ball play facilities</b> Ball play, including facilities such as half-court basketball courts cater well for most age groups except the youngest and oldest categories.		•	•			
<b>Dog off-lead facilities</b> Dog off-lead areas are targeted at adult dog owners.						
Wheeled play facilities Facilities such as skate ramps and pump tracks are largely targeted at children and young adults.		•	•			
Aquatic facilities Swimming pools are used by a very wide age range (including for exercise, socialising and rehabilitation), while splash parks and water play are targeted at younger users.	•	•	•	•	•	•
<b>Exercise facilities</b> Outdoor exercise facilities are targeted mostly at adult users. The use by older people depends upon the kinds of facilities provided.			•			•

## Implications

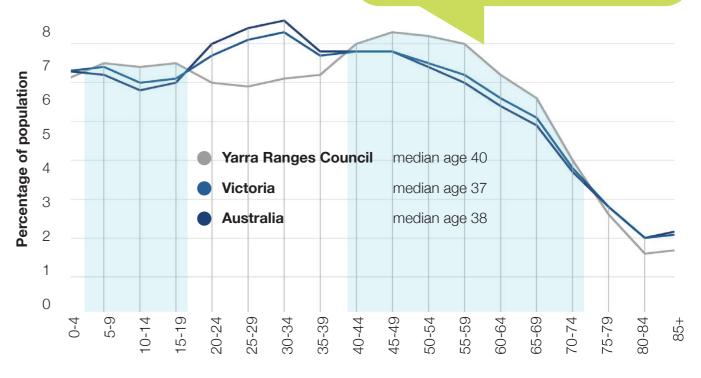
Open space, paths and trails provide active recreation opportunities for a broad range of age groups, and should continue to be a focus for Council.

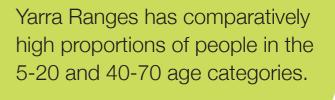
Specialist active recreation facilities (such as play spaces, and facilities for ball play and wheeled play) are focused at a younger demographic. There is an opportunity to provide more specialist facilities targeted at other age groups, particularly those aged over 70. eg. outdoor exercise equipment designed with use by older people in mind.

Yarra Ranges has a higher-than-average number of residents in the 5 to 20 and 40 to 70 age groups. Population forecasts show a relatively stable population over the next decade (growth of approximately 1% per year, https://forecast.id.com.au/yarra-ranges). Facilities provided should therefore prioritise targeting these age groups over the life span of this Plan.

## Figure 6: Population by age group

(Data source: Australian Bureau of Statistics)





## Age

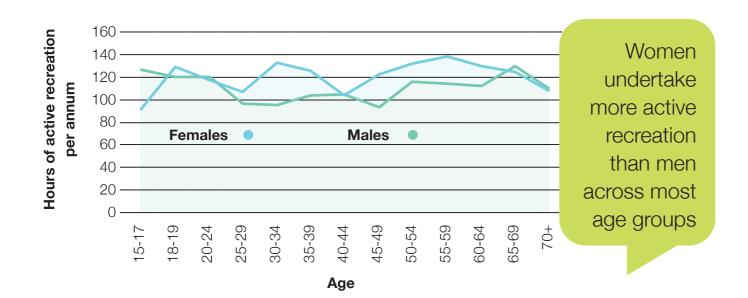
## Gender

Traditionally, gender has been a strong determinant in the kinds of sporting and recreation activities that people have undertaken. Particularly in organised sports, there has been a focus upon gender equality and encouraging participation of women and girls. The kinds of active recreation people undertake is less obviously gendered than organised sports, but research shows that active recreation is a very important part of women's health and wellbeing. Women undertake more active recreation than men across most age groups and it forms a greater proportion of the total physical activity they undertake than other forms of exercise (refer to figures 7 & 8). There are many things influencing these findings, including a lack of organised sport opportunities for women and girls, the convenience of active recreation for women who have greater responsibilities for child rearing than males, and personal preference.

However, there are barriers to participation in active recreation for women with the key one being safety. People mostly undertake active recreation in public spaces, often in areas without high levels of passive surveillance (eg. a walking path along a creek). A popular time to undertake active recreation is at the start or end of the day to fit in around other commitments. These are times that may involve low light and low levels of passive surveillance. The result is that participating in active recreation can feel unsafe, particularly for women. The design and maintenance of all active recreation facilities should have a strong focus upon the application of Crime Prevention Through Environmental Design (CPTED) principles (including passive surveillance). Examples of the kinds of design & maintenance items that should be considered to achieve better surveillance include consideration of sight lines when locating facilities, vegetation trimming to maintain sight lines, and the incorporation of lighting where appropriate.

## Figure 7: Victorian average active recreation hours per capita, by age and gender\*

(Data source: Active impacts: The economic impacts of active recreation in Victoria (Sport & Recreation Victoria, 2018) \*No data currently available for gender diverse people.



Studies also show that teenage girls are not well served by most active recreation facilities (eg. www.sport.nsw.gov.au/sites/default/files/2021-04/sprinter-women\_and\_girls\_ participation\_review\_final.pdf), and this was reflected in engagement undertaken for this Plan. To address this, consideration should be given to providing active recreation spaces that specifically target teenage girls. Examples include:

- intentionally incorporating social spaces into recreation infrastructure (eg. a cluster of seats at a basketball/netball half-court)
- providing opportunities within social/recreation spaces for performance
- making active recreation spaces inviting and welcoming,
- providing specific design elements that reflect known trends/preferences associated with this cohort to provide a signal to teenage girls that they belong in the space.

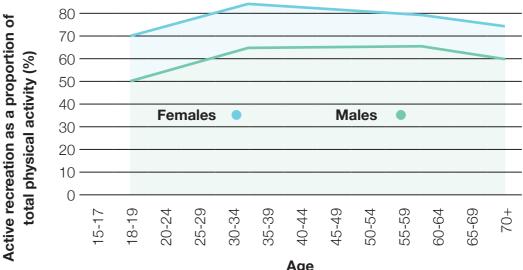
There is currently no accurate demographic data available within Australia regarding people who don't identify as either female or male. The range of different identities that fall within this category also makes projections regarding their active recreation participation or preferences difficult.

Research has shown that 'trans and gender-diverse young people have elevated rates of psychological distress, mental ill-health, and suicide risk when compared with their cis-gender counterparts' (https://www.orygen.org.au/About/News-And-Events/2022/ Mental-health-and-suicide-risk-in-trans-and-gender). The known benefits to mental health provided by active recreation therefore have a particular potential benefit to this cohort. As for women and girls, physical safety when using active recreation facilities in public places is a key potential barrier.

## Figure 8: Active recreation as a proportion of total physical activity hours per capita, by age and gender\*

(Data source: Active impacts: The economic impacts of active recreation in Victoria (Sport & Recreation Victoria, 2018)

\*No data currently available for gender diverse people.



Active recreation

of



## Implications

Facilitating womens and girls participation in recreation activities is a focus for Yarra Ranges Council. The data available shows that investing in active recreation is a good way to achieve these goals, due to existing high levels of use by women and girls. Active recreation facilities and programs within Yarra Ranges must be designed to encourage use by women and girls, and so that they feel that they belong in these spaces.

The design of all active recreation facilities should have a strong focus upon the application of Crime Prevention Through Environmental Design (CPTED) principles (including passive surveillance), to increase the sense of safety for all users.

Spaces should be provided that specifically target the recreation preferences of teenage girls (including social and performative spaces), due to this cohort not being well served by most other active recreation facilities provided.

## Culture

People's cultural backgrounds has some impact upon the kinds of active recreation activities they choose to undertake. But a person's cultural background can also be a barrier to participation, particularly with regard to cultural safety (ie. people feeling threatened, uncomfortable or challenged due to aspects of their cultural identity, customs and beliefs). This can apply to people from a wide range of cultural backgrounds, including indigenous Australians.

People who identify as Aboriginal and/or Torres Strait Islander make up 0.9% of the overall population of Yarra Ranges, but there are areas including around Healesville where this percentage is as high as 3.4% (see figure 9).

Overall, Yarra Ranges is less culturally diverse than the Victorian and Australian populations, as measured by the proportion of residents born overseas (refer to figure 10). For Yarra Ranges residents not born in Australia, most were born in English-languagespeaking or European countries, including England (5.4%), New Zealand (1.2%), Netherlands (1.1%), Germany (0.7%) and Italy (0.6%). However there are also prominent and emerging cultural groups, the fastest-growing of these over the past decade being the Chin people from Burma/Myanmar (refer to figure 10a) known to be concentrated around Mooroolbark.

There are concentrations of cultural groups in different parts of Yarra Ranges, including a high Aboriginal population around Healesville.

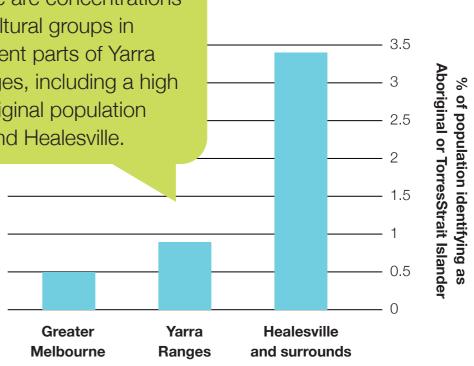
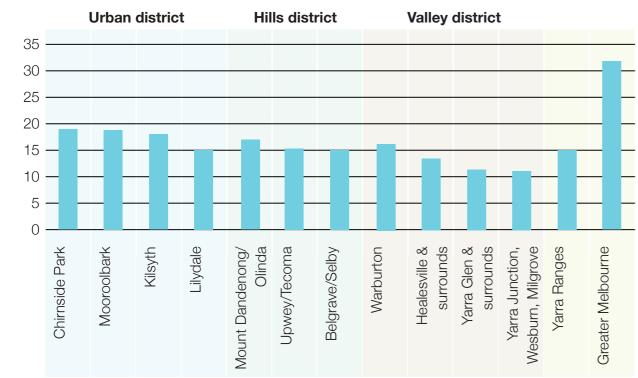
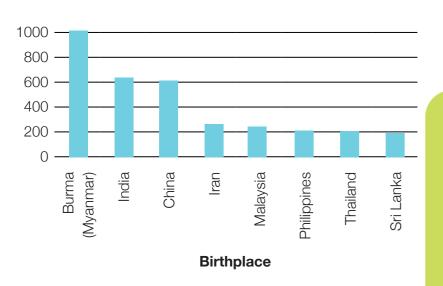


Figure 9: Proportion of population identifying as Aboriginal or Torres Strait Islander (Data source: Australian Bureau of Statistics)





**Growth between** 2011 & 2021 (people)



## Above: Figure 10

Left: Figure 10a

Yarra Ranges has relatively low levels of cultural diversity, but the diversity differs across the districts (with the Urban District having higher proportions of overseas-born residents than the Valley District).

## Implications

Cultural safety should be considered in the design of active recreation facilities especially given the relatively low levels of cultural diversity in Yarra Ranges.

Active recreation facility provision should seek to respond to cultural factors in areas of known cultural concentrations (eg. the Aboriginal and Torres Strait Islander population in Healesville and surrounds, and the Chin Burmese community around Mooroolbark).

## Implications

Barriers to use associated with cost should be considered in the provision of active recreation opportunities, particularly in areas of known disadvantage.

The eastern parts of Yarra Ranges should be a focus for increasing the provision of low cost and free active recreation opportunities.

# Disadvantage

Socio-economic disadvantage is linked to poor health outcomes. There are things that prevent people experiencing disadvantage from undertaking active recreation that can contribute to poor health, including:

- costs associated with accessing active recreation activities. This includes things as simple as appropriate footwear and clothing, as well as specialist equipment, entry/ service fees, and transport costs.
- a lack of convenient access to active recreation opportunities. The Australian Bureau of Statistics gathers data relating to relative socio-economic conditions, and in Yarra Ranges the areas of highest disadvantage are located away from major population centres where facilities, services and programs are more prevalent.

For the purposes of active recreation assets and program provision, areas of recognised social disadvantage should be seen as priority communities to assist in addressing the issues noted above.

Figure 10: Proportion of population born overseas (Data source: Australian Bureau of Statistics)

Figure 10a: Fastest-growing ethnic groups (measured by growth between 2011 & 2021 of numbers of people born outside Australia by birthplace) (Data source: Australian Bureau of Statistics)

# Disability

Disability influences the way people participate in active recreation in many different ways. Some examples include:

- Mobility-related access issues, including people in wheelchairs.
- Psychological or mental barrier for people experiencing mental health conditions. ٠
- Access and communication issues associated with hearing and vision impairment. •
- Access and logistical barriers for unpaid carers of people with disabilities,

Disability impacts a significant percentage of the population. The Australian Bureau of Statistics Disability, Aging & Carers, Australia 2018 report found that 17.7% of the Australian population (and 17.0% of the Victorian population) reported having a disability (with disability defined as 'any limitation, restriction or impairment which restricts everyday activities and has lasted, or is likely to last, for at least six months'). 5.7% of Australians reported having either a profound or severe disability, requiring assistance or having difficulty with core day to day tasks. It also found that the prevalence of disability increases with age - almost half (49.6%) of people aged over 65 years old experienced disability.

Almost one-guarter (23.2%) of all people with a disability reported a mental or behavioural disorder as their main condition. Physical activity has been shown to benefit mental health.

of Australians over the age of 65 have a disability

of Australians have a disability

1/3rd

(approx.) of those with a disability have a severe disability

People with a disability make up a significant part of the population of Yarra Ranges, especially in the older age groups. It is important that active recreation opportunities are provided that are accessible and attractive to them.

## Implications

- People with a disability make up more than 1 in 6 people within the community, and should be provided active recreation opportunities.
- Consideration needs to be given to active recreation opportunities for unpaid carers of people with disabilities. eg. opportunities for people of different abilities to undertake active recreation together.
- Active recreation opportunities provided should seek to reflect the diversity of abilities within the community.





# **Active recreation framework**

Based upon the outcomes of the research and engagement undertaken, the following vision and principles have been developed.

# Vision

Yarra Ranges is a place where everyone has the opportunity to participate in a diverse range of active recreation facilities programs and events that contribute to a healthy life.

# Key principles

6	Access	Active recreation opportur and have a positive influer in accessible and conveni Ranges.
	Diversity	A diversity of active recre reflecting the diversity of the municipality, the diver community, and different
	Activation	Programming and events external partnerships to o maximise health and wellk contribute to sustainable t the municipality.
	Inclusion	Facilities are designed wir all people in mind, enablin their needs and interests. and girls, gender diverse of knowing, being and do
<b>***</b>	Social Connection	Where possible, active re proximity to other compa interaction and encourag spaces.

Target: We're aiming to **increase** Physical Activity by **15% over ten years** 

unities that encourage participation ence on physical health are provided hient places for residents within Yarra

eation opportunities are provided our community and places across ersity of needs and preferences of the t financial capacities.

s are delivered through internal and optimise utilisation of recreational assets, lbeing outcomes for the community, and tourism and economic prosperity across

with inclusion, accessibility, and safety of ing individuals to make choices based on s. There is a particular focus on women e people, disability, and Indigenous ways oing.

ecreation facilities are provided in atible uses where they facilitate social ge intergenerational use of reserves and



# **Action Areas**

There are four action areas that will help us increase the number of people meeting their physical activity guidelines in Yarra Ranges. These are:

# Improving safety and accessibility

providing active recreation infrastructure and programs that are appealing and accessible to all community members, where participation is encouraged and people feel safe.

# Activating existing facilities

identifying ways to increase the use of existing active recreation facilities (eg. through events, programming or promotion).

# Increasing existing facility provision

relating to active recreation opportunities that currently exist within Yarra Ranges but are few in number, and where providing additional faciilities, where gaps in provision have been identified, would increase the opportunity for participation.

# New facility provision

identifying new active recreation opportunities that do not currently exist within Yarra Ranges.

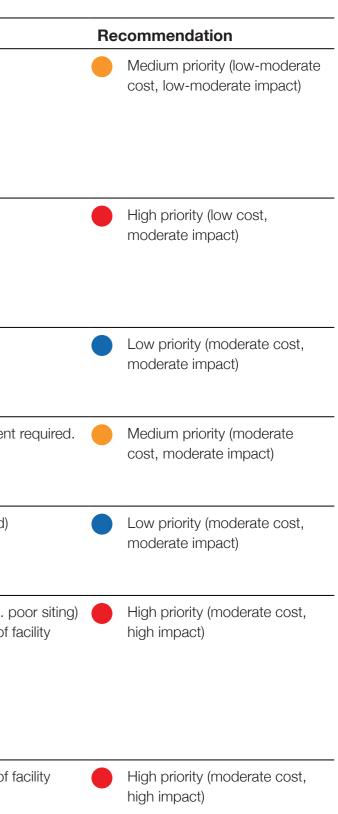
# Activating existing facilities

Key existing active recreation facility types were identified earlier in this document. Because the majority of active recreation activities undertaken are not organised, it is difficult to accurately determine the levels of use that these existing facilities receive. However, observation suggests that most of these facilities are not being used at capacity. Therefore there is an opportunity to increase the level of active recreation being undertaken in Yarra Ranges by finding ways to get people to use existing facilities. A range of options have been identified and assessed in the table below.



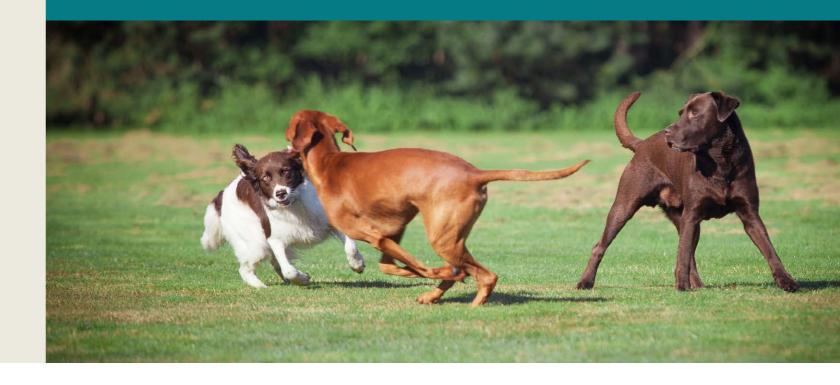
Activation type	Notes/examples	Opportunities	Constraints	Recommendation
Facility awareness (promotion/media)	Promotion of existing facilities (eg. via print & social media) to ensure people know what opportunities exist.	<ul> <li>Existing processes in place (eg. Council has a communications team).</li> </ul>	Difficultly for Council communications to effectively target the least active people.	High priority (relatively low cost, low-moderate impact)
	Introduce a 'find active recreation opportunities near me' function on the Yarra Ranges Council web site.	• A useful asset, particularly for new residents.	<ul><li>Need for ongoing resourcing to ensure it is kept up to date.</li><li>Has the potential to highlight a lack of quantity or variety of infrastructure in some areas.</li></ul>	Medium priority (moderate cost, low-moderate impact)
Facility awareness (signs)	On-site signs highlighting active recreation opportunities (including a range of opportunities that may not be obvious). Potentially including 'QR codes' linking to further information.	Has the potential to encourage people to engage in a wider variety of activities.	<ul> <li>On-site signs will primarily target those who are already active.</li> <li>Risks associated with signs, including vandalism and visual cluttering open spaces.</li> </ul>	<ul> <li>Medium priority (moderate cost, low-moderate impact)</li> </ul>
Events and activities (site based)	An event that encourages active recreation at a particular site or facility. eg. learn to skate clinic at a skate park.	<ul> <li>Introduces people to new activities.</li> <li>Provides a social aspect.</li> <li>Opportunity to partner with others (eg. health promotion &amp; youth teams</li> <li>within Council)</li> </ul>	Event organisation can be resource-intensive.	High priority (moderate cost, moderate-high impact)
Events and activities (activity based)	An event that encourages active recreation that is based around an activity, rather than a specific site. eg. 'Ride to Work Day'	<ul> <li>Introduces people to new activities.</li> <li>Opportunity to partner with others (eg. health promotion &amp; youth teams within Council,</li> <li>and service providers)</li> </ul>	Event organisation can be resource-intensive	High priority (moderate cost, moderate-high impact)

Activation type	Notes/examples	Opportunities	Constraints
Events & activities (digital)	Geocaching, digital puzzle trails, and augmented reality games (such as Pokemon Go) provide opportunities for the active use of public spaces. These activities can appeal to people who may not be attracted to sport-based activity types.	These activities can appeal to people who may not be attracted to sport-based activity types.	Event organisation can be resource-intensive
Partnering with existing clubs/ groups	Partnering with existing clubs/groups that assist and encourage people to participate in non-sport active recreation. eg. social walking groups. (Note that organised sport activities fall outside the definition of active recreation).	<ul> <li>Support/encouragement of activity, with relatively low inputs from Council.</li> </ul>	Relatively few suitable clubs/organisations exist
Establishing new clubs/groups	Establishing support networks that assist and encourage people to participate in non-sport active recreation. eg. social walking groups.	<ul><li>Support/encouragement of activity.</li><li>Provides a social aspect.</li></ul>	<ul><li>Establishing groups is resource-intensive.</li><li>Likely need for ongoing involvement &amp; support</li></ul>
Equipment provision	Making equipment available that facilitates active recreation. eg. Having table tennis paddles and balls available for loan from a business located near an outdoor table.	Encourages the use of facilities.	Ongoing Council management, repair & replacement
Incentives	Providing a reward for undertaking an activity. eg. a free coffee at a park for people who arrive via active transport collecting stamps in an 'activity passport'	• Creates a motivation, and has the potential to be very targeted based upon the incentive offered.	Cost (dependent upon the type of incentive offered)
Facility improvement (accessibility/ safety)	Changes to a facility to make it more attractive to certain user groups, particularly related to accessibility and safety. (Significant functional additions to a facility	• A reduction in barriers to facility use.	<ul> <li>Many barriers to use will not be easily resolved (eg. p</li> <li>Changes need to be considered against the cost of f replacement.</li> </ul>
	are dealt with under the increasing/new facility provision categories).		
Facility improvement (social)	Interventions to improve the social opportunities of a facility (eg. seating edges at a basketball half court).	<ul> <li>Encouraging a broader group of users (particularly teenage girls who highly value social aspects of active recreation)</li> </ul>	<ul> <li>Changes need to be considered against the cost of free replacement.</li> </ul>



# Increasing existing facility provision

One way to provide more active recreation opportunities is to provide more of those opportunities that already exist. As noted previously, most existing facilities are not being used at capacity, therefore finding gaps in existing provision rather than expanding existing facilities is likely to be the best approach in most cases. The approaches to each of the existing facility types identified earlier are explored below. Where there has been found to be gaps in provision, additional assets have been factored into the implementation plan.



## **Ball play facilities**

## **Opportunities for increasing provision:**

There is an opportunity for more quantity and variety of ball play facilities. These opportunities are explored over the following pages.



Existing Qty: 20-40

## **Play spaces**

## **Opportunities for increasing provision:**

Opportunity to improve the extent, connectivity, quality and safety of the shared path and trail network. New footpaths should be developed as a part of new residential subdivision.



Existing Qty: 100+

## **Open space**

## **Opportunities for increasing provision:**

New open space can be developed for new communities as a part of new residential subdivision. For established areas the focus instead should be upon improving the quality of the spaces.

Existing Qty: 100+

## **Exercise facilities**

## **Opportunities for increasing provision:**

There is an opportunity for more variety of outdoor exercise facilities. These opportunities are explored over the following pages.



Existing Qty: 1-10



## **Aquatic facilities**

# Opportunities for increasing provision:

Yarra Ranges has a separate strategy relating to aquatic facility provision.



## Existing Qty: 1-10

## **Dog off-lead facilities**

## **Opportunities for increasing provision:**

There is an opportunity for more quantity and variety of dog off-lead

facilities. It is recommended that these opportunities are addressed as a part of a separate strategy.



## Existing Qty: 20-40

## Paths & trails

## **Opportunities for increasing provision:**

Opportunity to improve the extent, connectivity, quality and safety of the shared path and trail network. New footpaths should be developed as a part of new residential subdivision.



Existing Qty: 100+

## Wheeled play facilities

## **Opportunities for increasing provision:**

Yarra Ranges has an existing draft strategy relating to skate and BMX facility provision. Opportunity for strategy review and asset renewal.

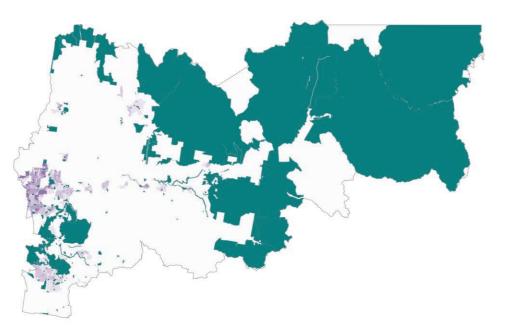


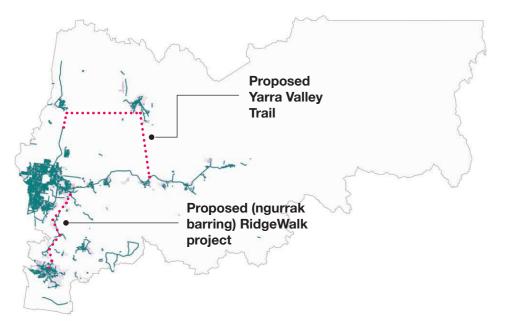
## Existing Qty: 10-20

## Existing facility locations Open space

The open space mapped here includes spaces designated for recreation purposes as well nature reserves. Yarra Ranges is fortunate to have very large areas of natural open space (particularly in the Hills and Valley districts) as well as spaces for recreation around key population centres.

A more detailed analysis of the provision of open space will be undertaken as part of the ROSS.



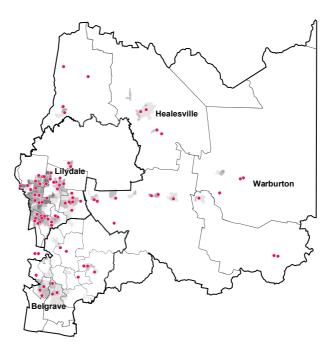


# <image>

Existing facility locations

## Routes (walking/cycling)

The routes mapped here include trails, shared paths and footpaths. Yarra Ranges is in the process of further developing links between population centres and districts, including projects such as the Yarra Valley Trail and Ridgewalk. More detailed information regarding priority trails and walking routes will be provided in the paths and trails plan.





# Existing facility locations **Play spaces**

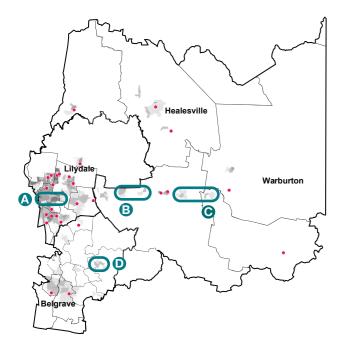
The mapping of existing play spaces within Yarra Ranges shows a good correlation between population centres and play space provision. These facilities are covered by a separate plan. There are opportunities to consider designing areas within these spaces for different age cohorts and including elements that facilitate use by older members of the community.

## Existing facility locations Ball play facilities

The ball play facilities existing in Yarra Ranges providing active recreation opportunities currently primarily comprise basketball courts and half-courts. While designed for basketball usage, these facilities often also cater for other ball play, including netball (where netball rings are provided), and a wide variety of other ball play that requires hard paved surfaces. There is the potential to encourage these alternative uses by including additional line marking (eg. for four-square or 'pickleball', a form of paddle tennis). Beach volleyball is an example of a ball sport that doesn't require hard surafcing that should also be considered.

Key opportunities/considerations regarding the provision of outdoor ball play facilities include:

- These facilities are most-used by older children and young adults. Therefore, consideration should be given to locating them near places where these age groups congregate (such as education facilities).
- There are standard sizes for basketball hoops and ground line marking, and the surface needs to be flat. This impacts upon suitable locations for these facilities to be installed.
- Balls being bounced on hard pavement can be quite noisy, so care needs to be taken when locating these facilities in residential or noise-sensitive areas.



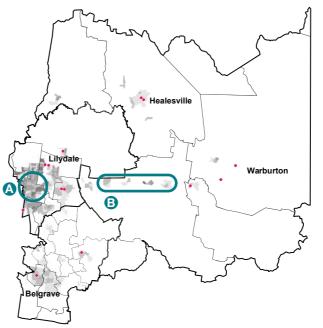
## Key gaps:

Code	Area	District
А	Mooroolbark	Urban
В	Wandin North/Seville	Valley
С	Launching Place/ Yarra Junction	Valley
D	Monbulk	Hills

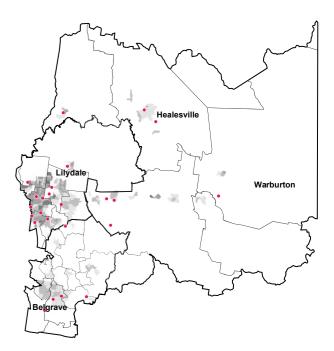
# Existing facility locations Dog off-lead facilities

The mapping of dog off-lead facilities shows a spread of facilities across the municipality, with a focus upon more urban areas where space for dog exercise is generally more needed. It is noted that dog walking and exercise also occurs at many other locations (including those covered under 'Paths & Trails').

Recommendations relating to the provision of dog off-lead facilities should be addressed by a separate plan.







## Existing facility locations Wheeled play

Wheeled play facilities mapped here include facilities designed for skating (eg. skate parks), scooters and bikes (eg. pump tracks). The mapping of these facilities shows a good spread throughout the populated parts of Yarra Ranges, with just a few gaps in provision identified. Many of the existing facilities are well used, indicating that more of these sorts of facilities could be required within Yarra Ranges. An action of this strategy will be to develop a skate and scooter park plan and a bike infrastructure plan.

Key gaps:

ode	Area	District
١	Mooroolbark	Urban
3	Warburton Highway (west)	Valley

## **Existing facility locations Aquatic facilities**

Aquatic facilities mapped here include swimming pools and splash parks. The mapping of these facilities shows a good spread throughout the populated parts of Yarra Ranges. Swimming is an important recreational pursuit for the community within Yarra Ranges. The provision and mix of aquatic services provided in Yarra Ranges in the future will be guided by the Aquatics Strategy which is currently in development.



# Healesvill Lilvda B Warburton

## **Existing facility locations Exercise equipment**

The mapping of outdoor exercise equipment shows that they are spread throughout the populated parts of Yarra Ranges, with a number of gaps as identified. The range of facility types available that fall under this category are covered on the following page.

## Key gaps:

Code	Area	District
А	Warburton Highway towns	Valley
В	Mount Evelyn	Urban
С	Upwey	Hills

## **Exercise facilities**

There are a wide range of outdoor exercise equipment options available that can be broadly grouped according to the following categories:

- Equipment complexity the simplest (and therefore usually the lowest cost and most robust) equipment has no moving parts, such as sit-up benches and chin-up bars. More complex equipment involves multiple moving parts and provide the range of exercise options that can be found in a commercial gym (including exercise bikes, and weight training machines for arms and legs).
- Age focus In addition to exercise equipment focused upon fitness and strength, there are also a range of suppliers offering outdoor exercise equipment focused upon older adults (with a focus upon things like dexterity and balance rather than strength and aerobic fitness). Seniors exercise parks also have the benefit of creating meeting places for social interaction among seniors.





An example of simple equipment with few or no moving parts.

An example of more complex equipment replicating the range of exercise options that can be found in a commercial gym.

Key opportunities/considerations regarding the provision of outdoor exercise equipment include:

- Equipment installation is very scalable. Installations can be small and simple, or large and complex, to suit a variety of spaces and settings (including sites constrained by size or topography).
- Usage can be increased by locating them along paths or trails already used for walking or jogging.
- Exercise equipment for seniors can be located in areas known to be frequented by older residents (including senior citizens centres and University of the Third Age venues).
- The design of ground surfacing beneath equipment should consider accessibility impacts. Rubber surfacing will make equipment easier to access for people with mobility issues.

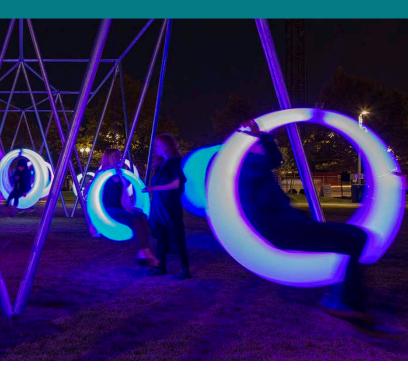


An example of seniorsspecific exercise equipment, with a focus upon things like dexterity and balance rather than strength and aerobic fitness.

# New provision

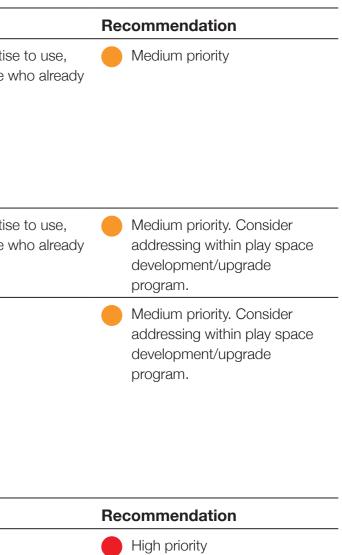
Providing new types of active recreation facilities, particularly those that are unique or interesting, creates variety and draws attention to the opportunities on offer. There are many potential active recreation opportunities that could be provided within Yarra Ranges. The following table identifies some key options, reflected in the implementation plan where appropriate.

Facility category	Facility type	Opportunities	Constraints	Recommendation
Ball play	Outdoor table tennis	<ul> <li>Many examples of successful robust public installations.</li> <li>Relatively low installation cost.</li> <li>Potential for tables to be painted to assist in place-making.</li> </ul>	• Need for users to bring their equipment.	Medium priority. Most suited to urban settings.
	Bocce/petanque	<ul><li>Many examples of successful robust public installations.</li><li>Relatively low installation cost.</li></ul>	Need for users to bring their equipment.	Medium priority. Most suited to urban settings.
	Disc golf (Disc golf is a golf-like game played using flying discs or 'frisbees'. Rather than holes, the discs are thrown into basket nets. Open spaces can be converted to accommodate the game with relatively few modifications).	<ul> <li>Relatively low installation cost.</li> <li>Council has received a submission requesting a facility, indicating some demand.</li> </ul>	<ul> <li>Need for users to bring their equipment.</li> <li>Large space required, limiting available options.</li> </ul>	Medium priority. Suited to underutilised existing parkland.
	Beach volleyball	Relatively low installation cost.	Need for users to bring their equipment (ie. ball and net)	Medium priority. Suited to some existing locations (eg. Lillydale Lake 'beach').



Facility category	Facility type	Opportunities	Constraints
Climbing/obstacles/ play	Rock climbing/bouldering walls	<ul> <li>Able to be installed in otherwise underutilised areas such as bridge abutments. eg. Hopkins Bridge Bouldering Wall, Footscray (City of Maribyrnong)</li> <li>Walls can also be installed as stand- alone elements, usually at a smaller scale.</li> </ul>	<ul> <li>These facilities require a level of fitness and expertis and are therefore likely to be most used by people v have high levels of activity.</li> </ul>
	Obstacle courses (parkour/'ninja parks')	<ul> <li>Playground-like spaces that appeal to a wider audience.</li> </ul>	<ul> <li>These facilities require a level of fitness and expertis and are therefore likely to be most used by people w have high levels of activity.</li> </ul>
	'All-aged' play spaces	<ul> <li>Playgrounds that appeal to a wider audience. eg. 'Swing time' - temporary installation of illuminated hoop swings (Howeler &amp; Yoon Architecture), Boston, providing a social/performative and social-media friendly experience</li> </ul>	

Activation type	Notes/examples	Opportunities	Constraints
	Youth spaces (Outdoor spaces targeting youth that encourage outdoor activity and socialisation without sporting activities such as skating or basketball being the focus).	<ul> <li>A space dedicated to youth who can fall into the gap between facilities for children and adults.</li> <li>eg. Geelong Youth Activities Area - designed as a flexible, multi-purpose outdoor youth-focused area catering for events, markets, live music, art exhibitions, catwalk, dance, street theatre, interactive media, wireless internet and seating (as well as sport activities).</li> </ul>	High cost
Water-based activities (excluding swimming pools/water play)	Water access (Jetties, ramps, etc to allow access to the water of human-powered water craft)	Opportunity to increase the opportunities for human-powered water craft in the municipality.	<ul> <li>These activities require specialised equipment (kayaket) etc) making it a niche user target group.</li> <li>Careful siting of facilities required to avoid environmed damage.</li> <li>Often the jurisdiction of multiple agencies.</li> </ul>



yaks, canoes,

Low priority. Resource intensive.

mental

# Design considerations

There are a number of key design considerations that should be taken into account for all active recreation facilities to maximise their use by the community. Wherever possible, a diversity of recreation opportunities should be provided in one location. In addition we should;

Maximise passive surveillance of active recreation facilities from passers-by and surrounding roads and buildings. Avoid elements that block view lines or create hiding places.

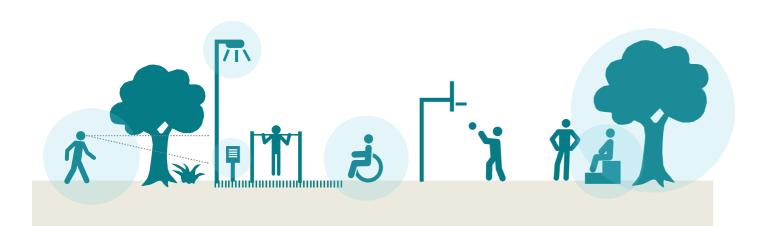
Lighting should be considered for active recreation facilities likely to be used outside daylight hours (eg. walking circuits).

Make facilities accessible. This includes careful consideration of ground surfacing. Loose surfaces (eg. mulch surfaces under play or exercise equipment) can make facilities difficult to access for people with mobility issues.

Provide carefully considered signs and other information to notify people of active recreation opportunities, without creating unnecessary visual clutter.

Create social opportunities at active recreation facilities by providing seating. Consider seating types that are suitable for groups (rather than standard park benches) especially for youth-focused spaces.

Provide shade and shelter from the wind.





# Action, implementation & evaluation plan



# Improving safety and accessibility



Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s
<b>1.1 CPTED:</b> The design of all active recreation facilities should		Increase perception of safety for females	Increased percentage of females and vulnerable	Observation data at active	Capture required baseline data for
have a strong focus upon the application of Crime Prevention Through Environmental Design		and vulnerable groups using active recreation facilities.	groups feeling safe when using the active recreation facility. As measured by	recreation facilities Community	All new active recreation facilities de principles. Short term KPI (output)
principles. CPTED to be incorporated onto		Increased use of active	engagement with DAG, YAG and community	engagement data on facility usage barriers	CPTED site assessment of existing undertaken
the design of all new active recreation facilities. Where possible, improvements are undertaken to existing active recreation facilities to improve safety.		recreation facilities by females and vulnerable groups within the community.	members asking about how interventions have impacted their sense of safety.	Damers	20 improvement projects undertake eg. lighting, improved surveillance s
<b>1.2 Universal access:</b> The design of all active recreation		Improved accessibility of active recreation	Increased use of active recreation facilities by	As above	Capture required baseline data for
facilities should have a strong focus upon universal access. Accessibility is to be		facilities. Increased use of active recreation facilities by	target groups as evidenced by increased bookings for groups catering to all abilities, mothers groups etc.		Universal design site assessments undertaken and specific improveme
incorporated into the design of all new active recreation facilities.		groups who benefit most from accessibility			All new active recreation facilities de to at least 1 component.
Where possible improvements to existing recreations facilities		(including people with mobility issues and people with prams).			Site assessment of existing active r to accessability
should be undertaken to improve accessibility					20 improvement projects to be unc

Social		₽		High		
Connection		Priority		Medi	um	
		<b>e</b>		Low		
					Pri	ority
r all site assess	sment site	es				
designed in ac )	cordance	e with	CPTE	Đ		
ng active recrea	ation faci	lities				
ken as identifie e sight-lines).	ed by site	asse	ssmer	nts.		
r all site assess	sment site	es				
s of existing rea ment projects io		acilitie	es			
designed to ac	hieve uni	iversa	l acce	SS		
e recreation fac	ilities to i	dentify	y barri	ers		
ndertaken over	the life o	of the p	olan.		(	



Improving safety a	and access	sibility		princ	Acces     Divers		Activation	Social Connection			edium
Recommendation	Key principle	Outcomes	Measures of success	Baselin	e Data	Actio	on/s				Priority
<b>1.3 Cultural safety:</b> All facilities and events/programs related to active recreation consider cultural safety (ie. avoiding people feeling threatened, uncomfortable or challenged due to aspects of their cultural identity, customs and beliefs).		All new active recreation facilities, events and programs informed by cultural safety considerations. Increased use of active recreation facilities by diverse cultural groups.	Increased perception of cultural safety by target groups as evidenced by 'secret shopper' experiencing facilities.	As above		design and pr respec	n elements that ca rograms to encour	tives from Cultural Gr n be incorporated int rage cultural safety. E esentatives from diffe	o active recrea Establish a pro	tion facilities cess to	•
1.4 Facility improvement (social): All active recreation		Recreation facilities are used by a broader range	More diverse groups using the facility as evidenced	As above	9	Captu	ire required baselir	ne data for all site ass	essment sites		
facilities will consider opportunities for social nteraction (eg. seating suitable for groups close to recreation	of users (particularly by observational data at teenage girls who highly value social aspects of active recreation). biverse groups of people	e the facility as evidenced by observational data at y facilities					h diverse cultural gro recommendations inc		-	•	
nfrastructure).		active recreation).	feeling comfortable to engage in the space and try				w active recreation tunities.	facilities are designe	d to provide so	ocial	
Dpportunities for social nteraction should be ncorporated into the design of all new active recreation		th	the activity					sting active recreation tion identified as spe		opportunities	
acilities. Large projects should provide a safe 'edge' for people to approach and engage in the activity slowly over time.						projec		nentation of 10 social ing active recreation f		•	٠
						for soo projec	cial interaction at e	tunities for larger nod existing active recreat a safe 'edge' for peo owly over time.	ion facilities. T	hese	
						-		ed to provide opportu to slowly approach a	-		



Activating existing	facilities			Key principle Dive	Mediur	n
Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s F	Priority
<b>2.1 Facility awareness:</b> promotion of existing facilities by Council (via print & social media) to ensure people know what opportunities exist.		Residents and visitors to Yarra Ranges are aware of opportunities for active recreation within the municipality.	Increased knowledge about and use of active recreation facilities within the community. Increase in the number of people engaging with social media	Assessment of current internal social media analytics	Work with the Communications Team to develop promotion of active recreation opportunities	•
<b>2.2 Facility awareness:</b> introduce a 'find active recreation opportunities near me' function on the Yarra Ranges web site.	<b>S</b>	Residents and Visitors to Yarra Ranges can easily find opportunities to participate in active recreation	Increase in the number of people engaging with social media	As above	Create a 'find active recreation opportunities near me' function on the Yarra Ranges web site	
<b>2.3 Facility awareness:</b> on- site signs highlighting active recreation opportunities.	<b>S</b>	Increased knowledge about the presence of, and how to use active recreation facilities within the community.	Presence of useful signs associated with active recreation facilities (and the avoidance of unnecessary visual clutter). The community has a greater awareness of active recreation facilities and how to use them as evidenced	Community suevey/ recreation activity observations	Identify sites, design signage and install signs to assist the community to engage with active recreation facilities.	
			by a decrease in public requests for guidance on how to use them?.			

# Activating existing facilities



Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s
<ul> <li>2.4 Site- based events and activities:</li> <li>run events at sites that draw attention to active recreation opportunities, and potentially provide assistance for beginners to get started (eg. a learn to skate class at a skate park).</li> <li>Events also provide an opportunity to engage with attendees/participants more broadly about active recreation.</li> </ul>		A minimum of five well- attended site-based events and activities per year. Increased knowledge about and use of active recreation facilities within the community.	Participants have an increased knowledge of how to use, and, are more likely to use active recreation facilities	Recrreation activity observations	Partner with internal and external pa at existing active recreation facilities
<b>2.5 Activity- based events and activities:</b> run an event based around an active recreation activity (ie. an event in the style of 'ride to work day', which is based around the activity not the location).		Development of at least one activity-based event/activity of interest/ relevance to the Yarra Ranges community. Increased participation in active recreation related to the selected activity.	Community participation rates in activity/events and events has increased as evidenced by registration data. Five successful events are held.		Partner with internal and external pa an annual active recreation activity.
<b>2.6 Digital activities/events:</b> eg. geocaching, digital puzzle trails, and augmented reality	8	Increased participation in active recreation by people/groups not	Increase in the number of people engaging with digital technologies within open	Digital analytics data	Development and implementation o interest/relevance to the Yarra Rang
games providing opportunities for the active use of public spaces.		motivated by existing opportunities.	space.		Learnings from the pilot activity/even desirability of additional activities/ ev

Social Connection	ity		High		
	Priority		Medi	um	
	P		Low		
				Prie	ority
partners to run five site es.	based	d ever	nts		
partners to promote an	d parl	ticipat	e in		
n of a pilot digital activity. nges community.	/even	t of		(	
vent to be used to deter events.	rmine	viabili	ty/		



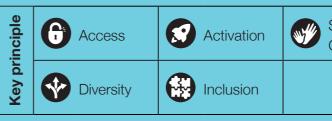
Activating existing	facilities			Accel Vevid State	Connection Medium	
Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s Pr	riori
2.7 Partnering with existing clubs/groups: provide support to existing clubs/groups who facilitate active recreation participation.		Increased participation in active recreation through sporting clubs	Number of people engaged in recreation programs	Participation in recreation programs	Identification of existing clubs/groups providing active recreation opportunities, liaising with these groups about the potential support Council could provide to increase participation, and provision of identified support.	
<b>2.8 Establishing new</b> <b>clubs/groups:</b> Council to help to establish new clubs/groups that facilitate active recreation participation where such groups don't already exist.		Increased participation in active recreation through newly established clubs or groups	Two new clubs established that support participation in active recreation	Understanding of existing number of clubs and participation rates	Identification of any gaps (relating to either activity or location) where clubs/groups related to providing active recreation opportunities could be formed. eg. social walking groups, or groups associated with potential new facilites proposed elsewhere within the implementation plan (such as bocce/petanque, rock climbing/bouldering, etc).	
					Liaison with interested parties and provision of appropriate support to help establish clubs/groups.	
<b>2.9 Equipment provision:</b> identify locations where Council can supply active recreation		Increased use of active recreation assets	Community using active recreation equipment on loan as evidenced by		Identification of opportunities to provide active recreation related equipment to the public in a safe and convenient way, and acting upon these.	
equipment for loan	<b>S</b>		bookings.		This may need to include liaison with non-Council entities (eg. a cafe next to an outdoor table tennis table who can assist in distributing balls and paddles).	
					Three locations established where community members can loan active recreation equipment.	
<b>2.10 Incentives:</b> develop and deliver incentives associated with active recreation participation (eg. collecting stamps in an 'activity passport')		Increased participation in active recreation	Increased participation in active recreation by people/ groups not motivated by existing opportunities.	observation data at active recreation facilities	Identification and implementation of at least one incentive scheme of interest/relevance to the Yarra Ranges community.	



Increasing exist	ing facility pr	ovision		Key principle	occess Diversity	Inclusion       Social Connection	HighMediumLow	
Recommendation	Key principle	Outcomes	Measures of success	Baseline Dat	a A	ction/s	Priority	
3.1 Ball play facilities:		Provision of active recreation opportunities	Increase in community use of facilities evidenced			ecreation Infrastructure constructed at up to 2 loca years.	ations per year over	
increase provision variety and in an	relating to ball play to increase provision/				evelop new multi-purpose court facilities as itemise	ed below:		
	variety and in areas where there are			CC	lydale Lake Exercise and Youth Activity Hub - mult ourt development (combined with other activities in xercise and parkour).			
				McDermott Avenue Reserve, Mooroolbark - develop multi-purpose courts (including volley ball)				
					-	rrefield Park, Lilydale - develop multi-purpose cour ckleball)	ts (including	
						elgrave (site to be determined) - develop multipurpe ckleball)	ose courts (including	
							andin North/Seville (site to be determined) - develo	op multi-purpose
						aunching Place/Yarra Junction (site to be determine ultipurpose courts	ed) - develop	
					M	onbulk (site to be determined) - develop multipurpe	ose courts	

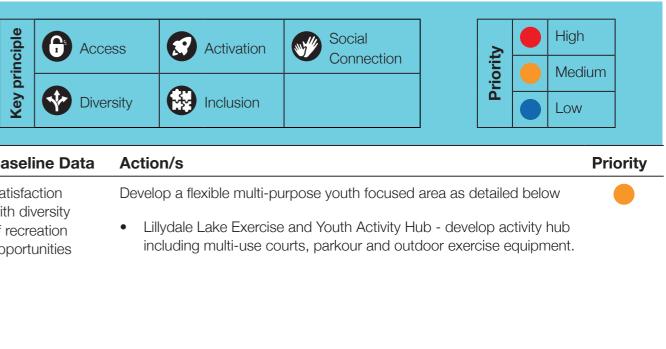


Increasing existin	g facility pr	ovision		Key principle	Medium	n
Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s P	Priority
3.2 Outdoor exercise facilities:		Provision of active recreation opportunities in areas where there is high demand and/ or identified gaps to increase participation in active recreation.	Community use of facilities (observations)		Recreation Infrastructure constructed at up to 2 locations per year over 5 years.	
					Explore opportunities to develop new exercise facilities where need is identified as itemised below.	
					Lillydale Lake Exercise and Youth Activity Hub – develop outdoor exercise node (combined with other activities including multi-use court and parkour).	
					Warburton Highway (sites to be determined) – develop two outdoor exercise nodes.	
					Mount Evelyn (site to be determined) – develop an outdoor exercise node.	
					Upwey (site to be determined) – develop an outdoor exercise node.	
3.3 Wheeled play facilities:		Provision of active recreation opportunities in areas where there is high demand and/or identified gaps.	Community use of facilities (observations)		Recreation Infrastructure constructed at up to 2 locations per year over 5 years.	
					Develop new wheeled play facilities (including skate parks and pump tracks) as itemised below.	
					Belgrave South Recreation Reserve, Belgrave South - develop skate facilities.	
					Montrose – site to be determined	
					Seville - develop skate park and pump track facilities (in central location behind shops)	
					Jadodade Community Park, Launching Place – develop pump track and skate park.	
					Eyrefield Park, Lilydale - skate park extension and upgrade.	
					Queens Park Healesville - renewal upgrade of existing bike track and minor improvements to the skate park	



New facility provision			Image: Solution indext       Image: Solution index       Image: Solution indext       Im			
Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s	Priority
4.1 Outdoor table tennis:		Increased diversity of active recreation opportunities. Provision of active recreation facilities that appeal to a cohort not well catered to by existing facilities.	Installation of table tennis tables at up to 4 sites Increased community satisfaction with diversity of recreation opportunities.	Satisfaction with diversity of recreation opportunities	Identify suitable locations in urban areas and larger towns for table tennis table installation.	
4.2 Bocce/petanque:		Increased diversity of active recreation opportunities. Provision of active recreation facilities that appeal to a cohort (older age groups) not well catered to by existing facilities.	Installation of Boccee/ petangue at up to 5 sites Increased community satisfaction with diversity of recreation opportunities.	Satisfaction with diversity of recreation opportunities	Identify suitable locations in urban areas and larger towns for bocce/ petanque installation. Boccee trialed at Melba Park	
4.3 Disc golf:		Increased diversity of active recreation opportunities.	Increased community satisfaction with diversity of recreation opportunities.	Satisfaction with diversity of recreation opportunities	Work with interested parties to identify a suitable location for installation of disc golf facilities in existing parkland.	
4.4 Climbing/obstacles/play:		Increased diversity of active recreation opportunities.	Increased community satisfaction with diversity of recreation	Satisfaction with diversity of recreation opportunities	Investigate the possibility and construction of a rock wall at McDermott Avenue Reserve	
					Identify suitable locations for obstacle course spaces (parkour/'ninja park'). Up to 3 sites.	
					Lillydale Lake Exercise and Youth Activity Hub - develop parkour facility (combined with other activities including outdoor exercise and multi-use court).	
					Identify suitable locations for social/performative play spaces (targeted at teenage girls). Up to 3 sites.	

# New facility provision



Recommendation	Key principle	Outcomes	Measures of success	Baseline Data	Action/s
4.5 Youth Space:		Increased diversity of active recreation opportunities. Provision of active recreation facilities that appeal to a cohort not well catered to by existing facilities.	Increased community satisfaction with diversity of recreation opportunities.	Satisfaction with diversity of recreation opportunities	<ul> <li>Develop a flexible multi-purpose you</li> <li>Lillydale Lake Exercise and Yout including multi-use courts, parker</li> </ul>
<b>4.6</b> Develop appropriate water access for human-powered water craft (eg. jetties & ramps).		Increased diversity of active recreation opportunities.	Water craft access infrastructure has been created.	Satisfaction with diversity of recreation opportunities	Lillydale Lake - develop appropriate

ate water craft access infrastructure



Yarra Ranges Council PO Box 105 Lilydale VIC 3140

1300 368 333 | mail@yarraranges.vic.gov.au yarraranges.vic.gov.au